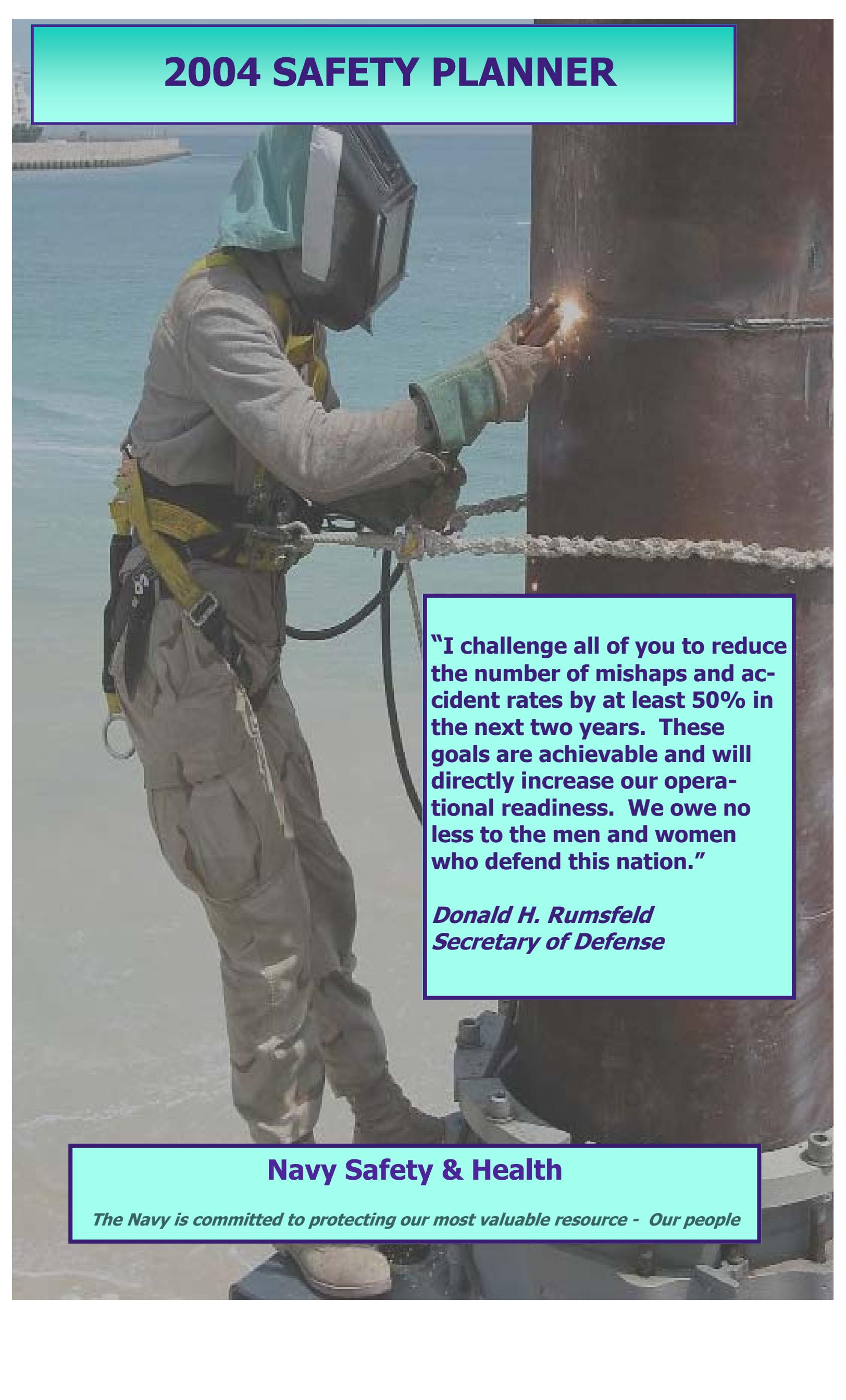


2004 SAFETY PLANNER

A welder wearing a white protective suit, a hood, and gloves is working on a large, dark metal structure. The welder is holding a welding torch, and a bright spark is visible at the point of contact. The background shows a body of water and a distant shoreline.

"I challenge all of you to reduce the number of mishaps and accident rates by at least 50% in the next two years. These goals are achievable and will directly increase our operational readiness. We owe no less to the men and women who defend this nation."

***Donald H. Rumsfeld
Secretary of Defense***

Navy Safety & Health

The Navy is committed to protecting our most valuable resource - Our people



Richard E. Brooks
Rear Admiral, United States Navy
Special Assistant to the Chief
of Naval Operations for Safety Matters
(CNO N09F)/
Commander, Naval Safety Center

During the past 50 years, the Navy and Marine Corps dramatically cut mishap losses in many key areas. Despite this safety progress, mishaps still significantly affect all our resources and--most importantly--our people. This issue gained unprecedented visibility in June 2003, when the Secretary of Defense issued a challenge for all services to reduce preventable mishaps by 50 percent by the end of FY05. The Secretary of the Navy's strategies to meet this goal include best industry safety practices, providing necessary safety resources, and engaging all leadership levels. Both the Navy and Marine Corps have developed Mishap Reduction Plans, which heavily depend on leaders' involvement, from the deck plates and in the field to the highest command levels.

The 2004 Safety Planner offers a valuable tool in meeting this extremely difficult and rewarding challenge. It dovetails with the Navy Safety Strategic Plan's Mission Statement, which says, in part, that we will optimize operational efficiency and readiness by supporting and promoting a "24/7" risk-management culture. We will do this by emphasizing leadership, technical guidance, and resources to protect personnel and material assets, prevent mishaps, achieve regulatory compliance, and control hazards, hazardous occupational exposures, and associated costs.

The 2004 Safety Planner details numerous opportunities for improving our safety knowledge, programs and communication. If we take advantage of these opportunities in an energetic and creative manner, we will make significant progress on our road to meeting the 50 percent reduction goal.

“Mission First, Safety Always ~ All Day, Every Day!”

Deputy Assistant Secretary of the Navy (Safety) Vision

Mission

~

Provide safety, occupational health, and fire protection policy, oversight, advocacy, and strategic plans for Department of the Navy (DoN) to produce the following results:

- The DoN safety culture is elevated to a level where risk management is an active and intrinsic process in all decisions made on and off duty.
- Safety is universally valued as enhancing operational readiness and successful mission accomplishment.
- Navy and Marine Corps are undisputed global leaders in conducting effective and safe military operations.



Guiding Principles

~

DON core values, Honor, Courage, and Commitment , guide our actions.

- We think corporately for the good of DoN, DoD, and the Nation.
- We have a passion for safety.
- We create an environment to attract and retain the best people.
- We promote communications to enhance safety.
- We promote integrating safety and risk management into every action taken and every decision made – every day, all day.
- We are a synergistic team built on diverse individual strengths.
- We create coalitions for safety.
- We focus on achieving our goals.
- We are forward looking, innovative, and quick to react.
- Our bottom line is the safety of our Sailors, Marines, and civilian employees, as well as the preservation of resources to ensure Naval readiness.



FALL PROTECTION



Falls from ladders, scaffolds, and other elevated locations are a major source of work-related fatalities, disabling injuries, and lengthy recuperation periods. The Bureau of Labor Statistics (BLS) reported that in 2001, 670 workers died and 288,500 workers were injured from falls in the workplace. The BLS also reported that in 2002, 634 workers died from falls to lower levels. The median time lost per injury is eight days for all falls and 12 days for falls from elevated locations.

Safety professionals assess Navy workplaces to identify fall hazards. Where the risk of falls from elevated locations exists, they assist commands to identify alternatives to workers performing tasks at heights. Where work in high places is unavoidable, Navy safety professionals recommend a combination of training in, and supervision of, proper work practices and the use of guardrails and fall arrest systems for maximum fall protection.

The DoN's Ashore Fall Protection Guide can be found on the [Naval Safety Center website](http://www.safetycenter.navy.mil/osh/downloads/AshoreFallProtectionGuide.pdf) at: <http://www.safetycenter.navy.mil/osh/downloads/AshoreFallProtectionGuide.pdf>

New fall protection guardrails surround perimeter of Portsmouth Naval Shipyard dry dock. The system is compliant with OSHA and NAVOSH requirements. Photo courtesy of PSNY Kittery.

Success Stories: <http://safetycenter.navy.mil/success/stories/0083.pdf>
<http://safetycenter.navy.mil/success/stories/0109.pdf>

Important Dates in January

Conferences

5 - 8: Hawaii International Conference on System Sciences

<http://www.hicss.hawaii.edu/HICSS37/apahome37.html>

30 - 31: Medical Laser Safety Officer Training

http://www.laserinstitute.org/training/calendar_of_events/

26 - 28: The Second Global Congress Dedicated to Hygienic Coatings and Surfaces

<http://www.pra.org.uk/conferences/hygienic/>

January

Sun	Mon	Tue	Wed	Thu	Fri	Sat
December 2003 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31		February 2004 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29		1 New Year's Day [Federal Holiday]	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19 Martin Luther King Day [Federal Holiday]	20	21	22	23	24
25	26	27	28	29	30	31

ERGONOMICS



A SIMA San Diego Ergonomics survey showed back injuries were due to manually carrying power cons (left). The CNO's Hazard Abatement Program funded design and development of a device allowing two workers to share the carrying load (right).
Photos courtesy of NAVFAC/EFDSW

Ergonomic injuries currently account for the largest source of injury claims in the U.S. Navy. The Navy Ergonomics Program is committed to reducing the frequency and severity of Work-related Musculoskeletal Disorders (WMSDs). Navy Ergonomic Program specialists provide technical support in ergonomics including worksite assessments to identify potential ergonomic problem areas, assistance in the selection of ergonomic tools and equipment, and guidance in interpreting Navy instructions or documents pertaining to ergonomics. Navy ergonomics policy ashore is outlined in OP-NAV Instruction 5100.23 series, chapter 23, <http://www.safetycenter.navy.mil/instructions/osh/510023/default.htm>.

For more information or to request ergonomic support services visit: <http://www.navfac.navy.mil/safety/>

Success Story:
<http://safetycenter.navy.mil/success/stories/0100.pdf>

Important Dates in February

Conferences

9 - 13: 12th Annual NAVOSH PDC Conference Navy/Marine Corps/Coast Guard (formerly NAVOSH Professional Development Conference)

<http://www.norva.navy.mil/NAVOSH/12thpdc.htm>

10 - 12: 14th Annual Construction Safety Conference & Expo

<http://www.buildsafe.org/conferenceDX.htm>

Safety & Health Observances

American Heart Month

<http://www.americanheart.org/presenter.jhtml?identifier=1200000>

8 - 14: National Child Passenger Safety Week

<http://www.nhtsa.dot.gov/>

February

Sun	Mon	Tue	Wed	Thu	Fri	Sat																																																																																				
1	2	3	4	5	6	7																																																																																				
8	9	10	11	12	13	14																																																																																				
				Lincoln's Birthday		Valentine's Day																																																																																				
15	16	17	18	19	20	21																																																																																				
	Presidents' Day [Federal Holiday]																																																																																									
22	23	24	25	26	27	28																																																																																				
Islamic New Year Washington's			Ash Wednesday																																																																																							
29			<div style="border: 1px solid red; padding: 5px; display: inline-block;"> <p style="text-align: center; margin: 0;">January 2004</p> <table style="width: 100%; border-collapse: collapse; font-size: small;"> <tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr> <tr><td></td><td></td><td></td><td></td><td>1</td><td>2</td><td>3</td></tr> <tr><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td></tr> <tr><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td></tr> <tr><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td></tr> <tr><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td><td>31</td></tr> </table> </div>		S	M	T	W	T	F	S					1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	<div style="border: 1px solid red; padding: 5px; display: inline-block;"> <p style="text-align: center; margin: 0;">March 2004</p> <table style="width: 100%; border-collapse: collapse; font-size: small;"> <tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr> <tr><td></td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td></tr> <tr><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td></tr> <tr><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td></tr> <tr><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td></tr> <tr><td>28</td><td>29</td><td>30</td><td>31</td><td></td><td></td><td></td></tr> </table> </div>		S	M	T	W	T	F	S		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31			
S	M	T	W	T	F	S																																																																																				
				1	2	3																																																																																				
4	5	6	7	8	9	10																																																																																				
11	12	13	14	15	16	17																																																																																				
18	19	20	21	22	23	24																																																																																				
25	26	27	28	29	30	31																																																																																				
S	M	T	W	T	F	S																																																																																				
	1	2	3	4	5	6																																																																																				
7	8	9	10	11	12	13																																																																																				
14	15	16	17	18	19	20																																																																																				
21	22	23	24	25	26	27																																																																																				
28	29	30	31																																																																																							
Leap Year																																																																																										

LABORATORY ANALYSIS



Navy industrial hygienists work with the Navy's Consolidated Industrial Hygiene Laboratory (CIHL) Program staff to protect personnel from occupational hazards. Industrial hygienists investigate the workplace for physical, chemical, and biological hazards and send industrial hygiene and select environmental samples to the laboratory for analysis. The CIHL laboratories provide advanced analytical support in the discipline of industrial hygiene analytical chemistry. Their chemists support DoD worldwide.

For more information about the CIHL and Industrial Hygiene Laboratory Accreditation Program go to:
<http://www-nehc.med.navy.mil/ih/cihl/CIHLProgram.htm>
 and
<http://www.aiha.org/lqap/ih.html>

Success Story: <http://safetycenter.navy.mil/success/stories/0030.pdf>

An Industrial Hygienist analyzes laboratory samples taken in the field.
 U.S. Navy photo/Photographer's Mate Airman Apprentice Kamille Ellis

Important Dates in March

Conferences

18 - 26: 43rd Navy Occupational & Preventive Medicine Workshop
<http://www-nehc.med.navy.mil/Workshop04/home.htm>

Safety & Health Observances

Workplace Eye Safety Month
<http://www.aao.org/>

21 - 27: National Poison Prevention Week
<http://www.cpsc.gov/>

29 - 4 April: National Sleep Awareness Week
<http://www.sleepfoundation.org/>

March

Sun	Mon	Tue	Wed	Thu	Fri	Sat																																																	
	1	2	3	4	5	6																																																	
7	8	9	10	11	12	13																																																	
14	15	16	17	18	19	20																																																	
			St. Patrick's Day			First Day of Spring																																																	
21	22	23	24	25	26	27																																																	
28	29	30	31	<table border="1" style="width: 100%; border-collapse: collapse; text-align: center;"> <thead> <tr> <th colspan="7">April 2004</th> </tr> <tr> <th>S</th> <th>M</th> <th>T</th> <th>W</th> <th>T</th> <th>F</th> <th>S</th> </tr> </thead> <tbody> <tr> <td></td> <td></td> <td></td> <td></td> <td>1</td> <td>2</td> <td>3</td> </tr> <tr> <td>4</td> <td>5</td> <td>6</td> <td>7</td> <td>8</td> <td>9</td> <td>10</td> </tr> <tr> <td>11</td> <td>12</td> <td>13</td> <td>14</td> <td>15</td> <td>16</td> <td>17</td> </tr> <tr> <td>18</td> <td>19</td> <td>20</td> <td>21</td> <td>22</td> <td>23</td> <td>24</td> </tr> <tr> <td>25</td> <td>26</td> <td>27</td> <td>28</td> <td>29</td> <td>30</td> <td></td> </tr> </tbody> </table>			April 2004							S	M	T	W	T	F	S					1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	
April 2004																																																							
S	M	T	W	T	F	S																																																	
				1	2	3																																																	
4	5	6	7	8	9	10																																																	
11	12	13	14	15	16	17																																																	
18	19	20	21	22	23	24																																																	
25	26	27	28	29	30																																																		

February 2004

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29						

RESPIRATORY PROTECTION



Navy industrial hygienists (IHs) evaluate work processes to identify occupational hazards, including oxygen deficiency. When controls are inadequate or not feasible, IHs recommend proper respiratory protection and provide assistance with commands' fit testing and training programs. The assigned protection factors of respirators are only applicable if all elements of an effective respiratory protection program are established and being enforced, including appointment of a qualified respiratory protection program manager.

For more details on Navy respiratory protection policy, see OP-NAV Instruction 5100.23 series, chapter 15 <http://www.safetycenter.navy.mil/instructions/osh/510023/default.htm> and ONAV-INST 5100.19 series, chapter B6 <http://www.safetycenter.navy.mil/instructions/afloat/510019D.htm>. Additional respirator information is available on the Navy Environmental Health Center Respirator homepage http://www-nehc.med.navy.mil/ih/Respirator/Resp_index.htm.

Respirators must be fit tested to ensure proper seal and maximum protection. U.S. Navy photo by Photographer's Mate Airman Lamel J. Hinton

Success Story: <http://safetycenter.navy.mil/success/stories/0078.pdf>

Important Dates in April

Safety & Health Observances

29 March - 4 April: National Sleep Awareness Week
<http://www.sleepfoundation.org/>

4-10: International Building Safety Week
<http://www.ncsbc.org/>

5-11: National Public Health Week
<http://www.apha.org/>

7-11: National Workzone Awareness Week
<http://www.fhwa.dot.gov/publicaffairs/>

26-30: National Playground Safety Week
<http://www.uni.edu/playground/home.html>

April

Sun	Mon	Tue	Wed	Thu	Fri	Sat																																																																																														
<p style="text-align: center; margin: 0;"><u>March 2004</u></p> <table style="width: 100%; border-collapse: collapse; text-align: center;"> <tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr> <tr><td></td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td></tr> <tr><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td></tr> <tr><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td></tr> <tr><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td></tr> <tr><td>28</td><td>29</td><td>30</td><td>31</td><td></td><td></td><td></td></tr> </table>		S	M	T	W	T	F	S		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31				<p style="text-align: center; margin: 0;"><u>May 2004</u></p> <table style="width: 100%; border-collapse: collapse; text-align: center;"> <tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr> <tr><td></td><td></td><td></td><td></td><td></td><td></td><td>1</td></tr> <tr><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td></tr> <tr><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td></tr> <tr><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td></tr> <tr><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td></tr> <tr><td>30</td><td>31</td><td></td><td></td><td></td><td></td><td></td></tr> </table>		S	M	T	W	T	F	S							1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31						<table border="1" style="width: 100%; height: 100%; border-collapse: collapse;"> <tr><td style="text-align: center; vertical-align: middle;">1</td></tr> </table>	1	<table border="1" style="width: 100%; height: 100%; border-collapse: collapse;"> <tr><td style="text-align: center; vertical-align: middle;">2</td></tr> </table>	2	<table border="1" style="width: 100%; height: 100%; border-collapse: collapse;"> <tr><td style="text-align: center; vertical-align: middle;">3</td></tr> </table>	3
S	M	T	W	T	F	S																																																																																														
	1	2	3	4	5	6																																																																																														
7	8	9	10	11	12	13																																																																																														
14	15	16	17	18	19	20																																																																																														
21	22	23	24	25	26	27																																																																																														
28	29	30	31																																																																																																	
S	M	T	W	T	F	S																																																																																														
						1																																																																																														
2	3	4	5	6	7	8																																																																																														
9	10	11	12	13	14	15																																																																																														
16	17	18	19	20	21	22																																																																																														
23	24	25	26	27	28	29																																																																																														
30	31																																																																																																			
1																																																																																																				
2																																																																																																				
3																																																																																																				
<table border="1" style="width: 100%; height: 100%; border-collapse: collapse;"> <tr><td style="text-align: center; vertical-align: middle;">4</td></tr> <tr><td style="text-align: center; vertical-align: middle;">Daylight Savings Begins</td></tr> </table>	4	Daylight Savings Begins	<table border="1" style="width: 100%; height: 100%; border-collapse: collapse;"> <tr><td style="text-align: center; vertical-align: middle;">5</td></tr> <tr><td style="text-align: center; vertical-align: middle;">Passover Begins Sunset</td></tr> </table>	5	Passover Begins Sunset	<table border="1" style="width: 100%; height: 100%; border-collapse: collapse;"> <tr><td style="text-align: center; vertical-align: middle;">6</td></tr> </table>	6	<table border="1" style="width: 100%; height: 100%; border-collapse: collapse;"> <tr><td style="text-align: center; vertical-align: middle;">7</td></tr> </table>	7	<table border="1" style="width: 100%; height: 100%; border-collapse: collapse;"> <tr><td style="text-align: center; vertical-align: middle;">8</td></tr> </table>	8	<table border="1" style="width: 100%; height: 100%; border-collapse: collapse;"> <tr><td style="text-align: center; vertical-align: middle;">9</td></tr> </table>	9	<table border="1" style="width: 100%; height: 100%; border-collapse: collapse;"> <tr><td style="text-align: center; vertical-align: middle;">10</td></tr> </table>	10																																																																																					
4																																																																																																				
Daylight Savings Begins																																																																																																				
5																																																																																																				
Passover Begins Sunset																																																																																																				
6																																																																																																				
7																																																																																																				
8																																																																																																				
9																																																																																																				
10																																																																																																				
<table border="1" style="width: 100%; height: 100%; border-collapse: collapse;"> <tr><td style="text-align: center; vertical-align: middle;">11</td></tr> <tr><td style="text-align: center; vertical-align: middle;">Easter Sunday</td></tr> </table>	11	Easter Sunday	<table border="1" style="width: 100%; height: 100%; border-collapse: collapse;"> <tr><td style="text-align: center; vertical-align: middle;">12</td></tr> </table>	12	<table border="1" style="width: 100%; height: 100%; border-collapse: collapse;"> <tr><td style="text-align: center; vertical-align: middle;">13</td></tr> </table>	13	<table border="1" style="width: 100%; height: 100%; border-collapse: collapse;"> <tr><td style="text-align: center; vertical-align: middle;">14</td></tr> </table>	14	<table border="1" style="width: 100%; height: 100%; border-collapse: collapse;"> <tr><td style="text-align: center; vertical-align: middle;">15</td></tr> </table>	15	<table border="1" style="width: 100%; height: 100%; border-collapse: collapse;"> <tr><td style="text-align: center; vertical-align: middle;">16</td></tr> </table>	16	<table border="1" style="width: 100%; height: 100%; border-collapse: collapse;"> <tr><td style="text-align: center; vertical-align: middle;">17</td></tr> </table>	17																																																																																						
11																																																																																																				
Easter Sunday																																																																																																				
12																																																																																																				
13																																																																																																				
14																																																																																																				
15																																																																																																				
16																																																																																																				
17																																																																																																				
<table border="1" style="width: 100%; height: 100%; border-collapse: collapse;"> <tr><td style="text-align: center; vertical-align: middle;">18</td></tr> </table>	18	<table border="1" style="width: 100%; height: 100%; border-collapse: collapse;"> <tr><td style="text-align: center; vertical-align: middle;">19</td></tr> </table>	19	<table border="1" style="width: 100%; height: 100%; border-collapse: collapse;"> <tr><td style="text-align: center; vertical-align: middle;">20</td></tr> <tr><td style="text-align: center; vertical-align: middle;">Passover Ends</td></tr> </table>	20	Passover Ends	<table border="1" style="width: 100%; height: 100%; border-collapse: collapse;"> <tr><td style="text-align: center; vertical-align: middle;">21</td></tr> </table>	21	<table border="1" style="width: 100%; height: 100%; border-collapse: collapse;"> <tr><td style="text-align: center; vertical-align: middle;">22</td></tr> <tr><td style="text-align: center; vertical-align: middle;">Earth Day</td></tr> </table>	22	Earth Day	<table border="1" style="width: 100%; height: 100%; border-collapse: collapse;"> <tr><td style="text-align: center; vertical-align: middle;">23</td></tr> </table>	23	<table border="1" style="width: 100%; height: 100%; border-collapse: collapse;"> <tr><td style="text-align: center; vertical-align: middle;">24</td></tr> </table>	24																																																																																					
18																																																																																																				
19																																																																																																				
20																																																																																																				
Passover Ends																																																																																																				
21																																																																																																				
22																																																																																																				
Earth Day																																																																																																				
23																																																																																																				
24																																																																																																				
<table border="1" style="width: 100%; height: 100%; border-collapse: collapse;"> <tr><td style="text-align: center; vertical-align: middle;">25</td></tr> </table>	25	<table border="1" style="width: 100%; height: 100%; border-collapse: collapse;"> <tr><td style="text-align: center; vertical-align: middle;">26</td></tr> </table>	26	<table border="1" style="width: 100%; height: 100%; border-collapse: collapse;"> <tr><td style="text-align: center; vertical-align: middle;">27</td></tr> </table>	27	<table border="1" style="width: 100%; height: 100%; border-collapse: collapse;"> <tr><td style="text-align: center; vertical-align: middle;">28</td></tr> </table>	28	<table border="1" style="width: 100%; height: 100%; border-collapse: collapse;"> <tr><td style="text-align: center; vertical-align: middle;">29</td></tr> </table>	29	<table border="1" style="width: 100%; height: 100%; border-collapse: collapse;"> <tr><td style="text-align: center; vertical-align: middle;">30</td></tr> </table>	30	<table border="1" style="width: 100%; height: 100%; border-collapse: collapse;"> <tr><td style="text-align: center; vertical-align: middle;">31</td></tr> </table>	31																																																																																							
25																																																																																																				
26																																																																																																				
27																																																																																																				
28																																																																																																				
29																																																																																																				
30																																																																																																				
31																																																																																																				

RECREATION AND OFF DUTY SAFETY (RODS)



According to the Naval Safety Center's Off-Duty/Recreation Division, mishaps cost the Navy and Marine Corps \$3,700,000,000 and 1,000 lives during fiscal years 1998 through 2002. During that same period, 72% of those Navy and Marine Corps deaths occurred off duty. Experience shows that proficiency in a skill, such as skydiving, depends on the frequency with which that skill is used, especially skills that require presence of mind, coordination, sharp reflexes, and control of emotions. Participants in off duty recreation activities can apply Operational Risk Management (ORM) principles by assessing the risks associated with those activities and implementing proper preparation, planning, and procedures to control those risks.

In the summer of 2003, there were 58 Navy/Marine Corps fatalities in the 102 days from the start of the Memorial Day weekend through Labor Day. This period is called the "*Critical Days of Summer*" because the off-duty fatality rates are usually higher than the full-year rates. The Navy is committed to reducing RODS injuries.

For more information on RODS and the Critical Days of Summer, visit the **Naval Safety Center's Off Duty/Recreation Division** online at: <http://www.safetycenter.navy.mil/ashore/recreation/default.htm>

Success Story: <http://safetycenter.navy.mil/success/stories/0056.pdf>

A member of the U.S. Navy's premiere exhibition skydiving team the "Leap Frogs," lands at Naval Support Activity Mid-south during an exhibition. U.S. Navy photo by Photographer's Mate 2nd Class Brett Dawson

Important Dates in May

Conferences

8 - 13: 2004 American Industrial Hygiene Conference & Expo
<http://www.aiha.org/aihce04/aihce.htm>

11 - 13: DoD Injury & Unemployment Compensation Conference <http://www.cpmosd.mil/icuc/>

Safety & Health Observances

National Electrical Safety Month
<http://www.nesf.org/>

Clean Air Month
<http://www.lungusa.org/>

1- 8: National SAFE Kids Week
<http://www.safekids.org/>

4: World Asthma Day
<http://www.nsc.org/ehc/asthma.htm>

22 - 28: National Safe Boating Week
<http://www.safeboatingcouncil.org/>

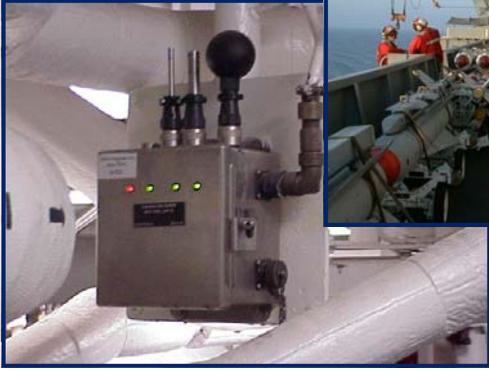
24 - 31: Buckle Up America Week
http://www.nhtsa.dot.gov/people/injury/airbags/buckleplan/BUA_WEBSITE/

24 - 6/1: Click It or Ticket
www.buckleupamerica.org

May

Sun	Mon	Tue	Wed	Thu	Fri	Sat																																																																																																								
2	3	4	5	6	7	1 8																																																																																																								
9 Mother's Day	10	11	12	13	14	15 Armed Forces Day																																																																																																								
16	17	19	19	20	21	22																																																																																																								
23	24	25	26	27	28	29																																																																																																								
30	31 Memorial Day [Federal Holiday]	<table border="1" style="margin: auto; border-collapse: collapse; text-align: center;"> <thead> <tr> <th colspan="7">April 2004</th> </tr> <tr> <th>S</th><th>M</th><th>T</th><th>W</th><th>T</th><th>F</th><th>S</th> </tr> </thead> <tbody> <tr> <td></td><td></td><td></td><td></td><td>1</td><td>2</td><td>3</td> </tr> <tr> <td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td> </tr> <tr> <td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td> </tr> <tr> <td>18</td><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td> </tr> <tr> <td>25</td><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td><td></td> </tr> </tbody> </table>		April 2004							S	M	T	W	T	F	S					1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30		<table border="1" style="margin: auto; border-collapse: collapse; text-align: center;"> <thead> <tr> <th colspan="7">June 2004</th> </tr> <tr> <th>S</th><th>M</th><th>T</th><th>W</th><th>T</th><th>F</th><th>S</th> </tr> </thead> <tbody> <tr> <td></td><td></td><td></td><td></td><td>1</td><td>2</td><td>3</td> </tr> <tr> <td></td><td></td><td></td><td></td><td>4</td><td>5</td><td>6</td> </tr> <tr> <td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td> </tr> <tr> <td>14</td><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td> </tr> <tr> <td>21</td><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td> </tr> <tr> <td>28</td><td>29</td><td>30</td><td></td><td></td><td></td><td></td> </tr> </tbody> </table>		June 2004							S	M	T	W	T	F	S					1	2	3					4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30				
April 2004																																																																																																														
S	M	T	W	T	F	S																																																																																																								
				1	2	3																																																																																																								
4	5	6	7	8	9	10																																																																																																								
11	12	13	14	15	16	17																																																																																																								
18	19	20	21	22	23	24																																																																																																								
25	26	27	28	29	30																																																																																																									
June 2004																																																																																																														
S	M	T	W	T	F	S																																																																																																								
				1	2	3																																																																																																								
				4	5	6																																																																																																								
7	8	9	10	11	12	13																																																																																																								
14	15	16	17	18	19	20																																																																																																								
21	22	23	24	25	26	27																																																																																																								
28	29	30																																																																																																												

HEAT STRESS



Automated Heat Stress System (left), which monitors temperature & humidity, mounted in engine room of DDG Class. Evaporative cooling vest (right) protects against heat stress illnesses in hot climates. Photos courtesy of INSURV

OSH professionals monitor heat hazardous climates ashore and afloat. Heat stress is an increase in body temperature due to heat, thermal radiation, humidity, air movement, and workload that degrades the body's ability to regulate its core temperature. Most heat-related health problems can be prevented by following basic precautions. *Acclimatization*: accustom workers to heat through gradually longer periods of work in the hot environment; *Mechanical Cooling*: general ventilation by local exhaust fans at points of high heat production, evaporative cooling, and mechanical refrigeration reduce heat load; *Personal Protective Equipment*: personal cooling devices like evaporative cooling vests reduce heat exposure; *Rehydration*: advise workers to drink water and limit caffeinated beverages. Cooled carbohydrate electrolyte beverages encourage hydration; *Administrative Procedures*: alternating work and rest periods in a cool area helps workers avoid heat stress.

Heat Stress Tips: <http://www.safetycenter.navy.mil/safetips/heatillness.htm>
<http://www.cdc.gov/nceh/hsb/extremeheat/heatillness.htm>

Success Stories: <http://safetycenter.navy.mil/success/stories/0033.pdf>
<http://safetycenter.navy.mil/success/stories/0020.pdf>

Important Dates in June

Conferences

7 - 10: American Society of Safety Engineers Annual Conference & Expo
<http://www.asse.org/>

Safety & Health Observances

National Safety Month
<http://www.nsc.org/nsm/index.cfm>

June

Sun	Mon	Tue	Wed	Thu	Fri	Sat																																																	
<table border="1" style="width: 100%; border-collapse: collapse; text-align: center;"> <thead> <tr> <th colspan="7">May 2004</th> </tr> <tr> <th>S</th> <th>M</th> <th>T</th> <th>W</th> <th>T</th> <th>F</th> <th>S</th> </tr> </thead> <tbody> <tr> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td>1</td> </tr> <tr> <td>2</td> <td>3</td> <td>4</td> <td>5</td> <td>6</td> <td>7</td> <td>8</td> </tr> <tr> <td>9</td> <td>10</td> <td>11</td> <td>12</td> <td>13</td> <td>14</td> <td>15</td> </tr> <tr> <td>16</td> <td>17</td> <td>18</td> <td>19</td> <td>20</td> <td>21</td> <td>22</td> </tr> <tr> <td>23 30</td> <td>24 31</td> <td>25</td> <td>26</td> <td>27</td> <td>28</td> <td>29</td> </tr> </tbody> </table>							May 2004							S	M	T	W	T	F	S							1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23 30	24 31	25	26	27	28	29
May 2004																																																							
S	M	T	W	T	F	S																																																	
						1																																																	
2	3	4	5	6	7	8																																																	
9	10	11	12	13	14	15																																																	
16	17	18	19	20	21	22																																																	
23 30	24 31	25	26	27	28	29																																																	
6	7	8	9	10	11	12																																																	
13	14	15	16	17	18	19																																																	
	Flag Day																																																						
20	21	22	23	24	25	26																																																	
Father's Day	First Day of Summer																																																						
27	28	29	30	<table border="1" style="width: 100%; border-collapse: collapse; text-align: center;"> <thead> <tr> <th colspan="7">July 2004</th> </tr> <tr> <th>S</th> <th>M</th> <th>T</th> <th>W</th> <th>T</th> <th>F</th> <th>S</th> </tr> </thead> <tbody> <tr> <td></td> <td></td> <td></td> <td></td> <td>1</td> <td>2</td> <td>3</td> </tr> <tr> <td>4</td> <td>5</td> <td>6</td> <td>7</td> <td>8</td> <td>9</td> <td>10</td> </tr> <tr> <td>11</td> <td>12</td> <td>13</td> <td>14</td> <td>15</td> <td>16</td> <td>17</td> </tr> <tr> <td>18</td> <td>19</td> <td>20</td> <td>21</td> <td>22</td> <td>23</td> <td>24</td> </tr> <tr> <td>25</td> <td>26</td> <td>27</td> <td>28</td> <td>29</td> <td>30</td> <td>31</td> </tr> </tbody> </table>			July 2004							S	M	T	W	T	F	S					1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
July 2004																																																							
S	M	T	W	T	F	S																																																	
				1	2	3																																																	
4	5	6	7	8	9	10																																																	
11	12	13	14	15	16	17																																																	
18	19	20	21	22	23	24																																																	
25	26	27	28	29	30	31																																																	

ELECTRICAL SAFETY



Navy OSH professionals help commands prevent electrical mishaps that could cause personal injuries, damage to property, and equipment failures that negatively impact readiness. OSH professionals accomplish this by assisting Sailors and their supervisors to recognize electrical hazards and to identify the risk factors associated with electric shock or electrocution. Additionally, OSH professionals make recommendations for corrective actions.

Electrical mishaps can be avoided when workers understand electricity, the hazards it presents, and how to control those hazards. Navy and Marine Corps personnel implement the principles of Operational Risk Management (ORM) when working with or around electricity. Navy electrical safety policy can be found for afloat commands in chapter C9 of OPNAV Instruction 5100.19 series at <http://www.safetycenter.navy.mil/instructions/afloat/510019D.htm>; electrical safety policy can be found for ashore commands in OPNAV Instruction 5100.23 series, chapter 24 at <http://www.safetycenter.navy.mil/instructions/osh/510023/default.htm>. For helpful electrical safety tips, look online at the [Naval Safety Center](http://www.safetycenter.navy.mil/safetips/electrical.htm) website: <http://www.safetycenter.navy.mil/safetips/electrical.htm>

Success Story: <http://safetycenter.navy.mil/success/stories/0105.pdf>

Interior Communications Electrician rigs a casualty power cable during a General Quarters Battle Drill scenario aboard USS Blue Ridge (LCC 19). U.S. Navy photo by Photographer's Mate 2nd Class Edward L. Holland

Important Dates in July

[Safety & Health Observances](#)

Eye Injury Prevention Month

<http://www.aao.org/>

July

Sun	Mon	Tue	Wed	Thu	Fri	Sat																																																																																					
<p style="text-align: center;"><u>June 2004</u></p> <table style="width: 100%; border-collapse: collapse; font-size: small;"> <tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr> <tr><td></td><td></td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td></tr> <tr><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td></tr> <tr><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td></tr> <tr><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td></tr> <tr><td>27</td><td>28</td><td>29</td><td>30</td><td></td><td></td><td></td></tr> </table>		S	M	T	W	T	F	S			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30				<p style="text-align: center;"><u>August 2004</u></p> <table style="width: 100%; border-collapse: collapse; font-size: small;"> <tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr> <tr><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td></tr> <tr><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td></tr> <tr><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td></tr> <tr><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td></tr> <tr><td>29</td><td>30</td><td>31</td><td></td><td></td><td></td><td></td></tr> </table>		S	M	T	W	T	F	S	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31								
S	M	T	W	T	F	S																																																																																					
		1	2	3	4	5																																																																																					
6	7	8	9	10	11	12																																																																																					
13	14	15	16	17	18	19																																																																																					
20	21	22	23	24	25	26																																																																																					
27	28	29	30																																																																																								
S	M	T	W	T	F	S																																																																																					
1	2	3	4	5	6	7																																																																																					
8	9	10	11	12	13	14																																																																																					
15	16	17	18	19	20	21																																																																																					
22	23	24	25	26	27	28																																																																																					
29	30	31																																																																																									
4	5	6	7	8	9	10																																																																																					
<p style="font-size: small; color: red;">Independence Day Observed [Federal Holiday]</p>																																																																																											
11	12	13	14	15	16	17																																																																																					
18	19	20	21	22	23	24																																																																																					
25	26	27	28	29	30	31																																																																																					

FORKLIFT TRUCK SAFETY



Forklift trucks are used ashore and afloat for moving and stocking material. Because these trucks often operate in areas where other people are working, there is a potential for mishaps involving both the forklift operator and pedestrians.

OSH professionals assist Navy commands with forklift safety training as part of the command forklift truck safety program. An effective program requires supervisors, Sailors, Marines, and civilian employees to accept responsibility for the safe operation of these industrial powered vehicles. Elements of this program must include: selection of the correct truck for the work environment; driver selection, training, qualification/certification, and supervision; and a vehicle inspection and preventive maintenance program.

Additional information on forklift truck safety can be found at:
<http://www.osha.gov/SLTC/powerindustrialtrucks/index.html> and
<http://secure.nsc.org/train/course.cfm?id=101>

Success Story: <http://safetycenter.navy.mil/success/stories/0019.pdf>

Aviation Ordnancemen (forklift operator and safety spotter) transfer ordnance from an aircraft elevator to the hangar deck aboard USS Harry S. Truman (CVN 75).
 U.S. Navy photo by Photographer's Mate Airman Derrick M. Snyder

Important Dates in August

Due Date

31 - Submit NAVOSH Training Requirements to NAVOSHETC

Conferences

2 - 6: 22nd International System Safety Conference
<http://www.system-safety.org/~22ndissc/>

30 - Sep. 2: National Voluntary Protection Program Participants' Association Conference
<http://www.vpppa.org/index.cfm>

August

Sun	Mon	Tue	Wed	Thu	Fri	Sat																																																																																				
1	2	3	4	5	6	7																																																																																				
8	9	10	11	12	13	14																																																																																				
15	16	17	18	19	20	21																																																																																				
22	23	24	25	26	27	28																																																																																				
29	30	31	<p style="text-align: center; margin: 0;"><u>July 2004</u></p> <table style="width: 100%; border-collapse: collapse; font-size: small;"> <tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr> <tr><td></td><td></td><td></td><td>1</td><td>2</td><td>3</td><td></td></tr> <tr><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td></tr> <tr><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td></tr> <tr><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td></tr> <tr><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td><td>31</td></tr> </table>		S	M	T	W	T	F	S				1	2	3		4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	<p style="text-align: center; margin: 0;"><u>September 2004</u></p> <table style="width: 100%; border-collapse: collapse; font-size: small;"> <tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr> <tr><td></td><td></td><td></td><td>1</td><td>2</td><td>3</td><td>4</td></tr> <tr><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td></tr> <tr><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td></tr> <tr><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td></tr> <tr><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td><td></td><td></td></tr> </table>		S	M	T	W	T	F	S				1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30		
S	M	T	W	T	F	S																																																																																				
			1	2	3																																																																																					
4	5	6	7	8	9	10																																																																																				
11	12	13	14	15	16	17																																																																																				
18	19	20	21	22	23	24																																																																																				
25	26	27	28	29	30	31																																																																																				
S	M	T	W	T	F	S																																																																																				
			1	2	3	4																																																																																				
5	6	7	8	9	10	11																																																																																				
12	13	14	15	16	17	18																																																																																				
19	20	21	22	23	24	25																																																																																				
26	27	28	29	30																																																																																						

NAVY EMERGENCY MANAGEMENT PLANNING



The Navy developed a Navy Emergency Management Program (EMP) to protect shore installations from terrorism, natural disasters, and other events involving hazardous chemical, biological, radiological, nuclear materials and/or high yield explosive weapons (CBRNE). Navy occupational safety and health (OSH) professionals played a vital role in developing the EMP to ensure that personal protective equipment, training, and standards for emergency responders adopt industry best practices and comply with nationally recognized standards, including OSHA, EPA, and NIOSH.

OSH professionals are key to helping our Navy emergency responders work safely and efficiently. Their risk assessment and management expertise helps all the players, from firefighters to security personnel, work more effectively. The Navy Emergency Management Program (EMP) policy to be published by CNO N46 (Shore Readiness) as OPNAV Instruction 3440 series, will be posted on the Navy Directives website at <http://neds.nebt.daps.mil/>.

Success Story: <http://safetycenter.navy.mil/success/stories/0079.pdf>

Emergency Response Team (ERT) members practice going through decontamination procedures after inspecting a space suspected to be contaminated by harmful chemical or biological agents. U.S. Navy photo by Photographer's Mate Second Class Michael A. Damron.

Important Dates in September

Conferences

10 -17: **92nd National Safety Council/Federal Safety & Health Congress Conference & Expo**
<http://www.nsc.org/index.htm>

30 Aug - 2 Sep: **National Voluntary Protection Program Participants' Association Conference**
<http://www.vpppa.org/index.cfm>

September

Sun	Mon	Tue	Wed	Thu	Fri	Sat
August 2004						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				
5	6	7	8	9	10	11
	Labor Day [Federal Holiday]					
12	13	14	15	16	17	18
				Rosh Hashanah		
19	20	21	22	23	24	25
			First Day of Fall			Yom Kippur
26	27	28	29	30	October 2004	
					S	M
					T	W
					T	F
					S	1
					2	3
					4	5
					6	7
					8	9
					10	11
					12	13
					14	15
					16	17
					18	19
					20	21
					22	23
					24	25
					26	27
					28	29
					30	31

LASER SAFETY



Ground skills combatant, wearing Multiple Integrated Laser Engagement System, covers his advancing fire team. Photo TSGT David J. Ahlschwede, USAF

The Naval Sea Systems Command, as the Department of the Navy Technical Lead Agent for laser safety, established the Naval Surface Warfare Center Dahlgren Division Code G-71 as the Lead Navy Technical Laboratory for laser safety. Responsibilities include evaluation of laser systems used on Navy/Marine Corps installations and recommending measures to eliminate exposure of personnel to hazardous optical radiation from these systems.

A laser hazard evaluation includes measurements of the laser output parameters to determine the distance from the laser where optical radiation levels are below the current protection standard. Navy policy on laser safety is contained in OPNAV Instruction 5100.23 series at <http://www.safetycenter.navy.mil/instructions/osh/510023/default.htm>, and in 5100.27/MCO5104.1 series, the joint OPNAV/Marine Corps policy, <http://www.safetycenter.navy.mil/instructions/osh/OPNAV510027A-MCO51041B.pdf>.

For more information on laser safety visit: <http://navylasersafety.com>

Success Story: <http://safetycenter.navy.mil/success/stories/0069.pdf>

Important Dates in October

Safety & Health Observances

Children's Health Month

http://yosemite.epa.gov/ochp/ochpweb.nsf/content/Whatwe_fedtask.htm

National Healthy Homes Month

<http://www.hud.gov/offices/lead/healthyhomes/index.cfm>

4 - 8: Drive Safely to Work Week

<http://www.trafficsafety.org>

10: Put on the Brakes Fatalities Day

<http://www.brakesonfatalities.org>

17-23: National School Bus Safety Week

<http://www.napt.org/>

20-24: National Radon Action Week

<http://www.nsc.org/>

October

Sun	Mon	Tue	Wed	Thu	Fri	Sat
September 2004 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 15 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30		November 2004 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 20 30			1	2
3	4	5	6	7	8	9
10	11 Columbus Day Observed [Federal Holiday]	12 Columbus Day	13	14	15	16 Ramadan Begins
17	18	19	20	21	22	23
24 / 31 Daylight Savings Ends Halloween	25	26	27	28	29	30

TRAFFIC SAFETY



More sailors die every year in automobile, truck and motorcycle mishaps than from any other cause. Driver behavior - excess speed, alcohol, and fatigue -has been shown to be the primary cause of motor vehicle mishaps. Slow down, the faster the speed, the greater the risk of a collision and injury. Drink responsibly. If you drink, don't drive; if you drive, don't drink. Either appoint a designated driver before you drink, or take a taxi. Schedule trips to avoid driving during normal sleep hours or while drowsy. Always wear your seat belt, even with an airbag. Airbags alone do not protect you from injury; they must always be used with a seat belt to prevent injury. Finally, you can improve your chances of living in a motor vehicle crash by becoming a safety conscious consumer. The next time you purchase a new or used vehicle, buy the safest vehicle you can: <http://www.nhtsa.dot.gov/cars/testing/ncap/>

For Traffic Safety information visit the **Naval Safety Center Motor Vehicle Division** online at: <http://www.safetycenter.navy.mil/ashore/motorvehicle/default.htm>

Success Story: <http://safetycenter.navy.mil/success/stories/0028.pdf>

BUCKLE UP, DRIVE SOBER, SLOW DOWN

Photo courtesy of NAVSAFECEN

Important Dates in December

Due Date

31 - Submit Annual Inventory of Military Exempt Lasers & Class IIB and IV Lasers to BUMED

Conference

14 - 16: The National Ergonomics Conference & Expo
<http://www.ergoexpo.com/2003NECE/index.asp>

Safety & Health Observances

"3D Month" - Drunk and Drugged Driving Prevention Month
<http://www.nhtsa.dot.gov>

January 2005

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

December

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<u>November 2004</u>						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	
Kwanzaa Begins		First Day of Winter	Hanukkah Ends		Christmas Observed [Federal Holiday]	Christmas Day
		Hanukkah Begins - Sunset				

WEBSITES RELATED TO SAFETY & OCCUPATIONAL HEALTH

Navy

BUMED (Bureau of Medicine & Surgery) <http://navymedicine.med.navy.mil/default.cfm>
CNET (Chief of Naval Education & Training) <https://www.cnet.navy.mil/>
CNO 09FB (Chief of Naval Operations) <http://www.navosh.net>
NAVFAC (Naval Facilities Engineering Command) <http://www.navfac.navy.mil/safety>
NAVOSHENVTRACEN (Naval Occupational Safety & Health, & Environmental Training Center) <http://www.norva.navy.mil/navosh>
NAVSAFECEN (Naval Safety Center) www.safetycenter.navy.mil/
NAVSEA (Naval Sea Systems Command) www.navsea.navy.mil/sea00twww
Navy Directives neds.nebt.daps.mil/
NEHC (Navy Environmental Health Center) www.nehc.med.navy.mil/
NFESC (Naval Facilities Engineering Service Center) enviro.nfesc.navy.mil/esc425/NOSHARBR.htm
NOI (Navy Office of Information) www.chinfo.navy.mil/
USMC (United States Marine Corps) <http://www.hqmc.usmc.mil/safety.nsf>

Other Government

Air Force Safety Center <http://safety.kirtland.af.mil/>
Army CHPPM (Center for Health Promotion & Preventive Medicine) <http://chppm-www.apgea.army.mil/>
Army Safety <http://safety.army.mil/home.html>
Canadian Centre for Occupational Health & Safety <http://www.ccohs.ca/>
CDC (Centers for Disease Control) <http://www.cdc.gov/>
Chemical Safety Board <http://www.chemsafety.gov>
Defense Acquisition Deskbook <http://web2.deskbook.osd.mil/default.asp>
DOD (Department of Defense) Acquisition Safety (Password) <http://www.denix.osd.mil/denix/DOD/Working/System-safety/system-safety.html>
DOD Acquisition (Systems Engineering) <http://www.acq.osd.mil/io/se/index.htm>
DOD DENIX <http://www.denix.osd.mil/>
DOD Injury & Unemployment Compensation <http://www.cpms.osd.mil/icuc/>
DOD Policies on the Web <http://www.dodssp.daps.mil/>
DOD Shelf Life Program <http://www.shelflife.hq.dla.mil/>
DOE (Department of Energy) <http://www.tis.eh.doe.gov/portal/>
DOT (Department of Transportation) (Hazardous Materials Safety) <http://www.hazmat.dot.gov>
EPA (Environmental Protection Agency) <http://www.epa.gov>
Federal Register Online http://www.access.gpo.gov/su_docs/aces/aces140.html
FEMA (Federal Emergency Management Agency) <http://www.fema.gov/>
FIRSTGOV <http://FirstGov.gov>
GPO (Government Printing Office) Access to Govt. Documents <http://www.gpoaccess.gov/databases.html>
HMIRS (Hazardous Materials Information Resource System) On-line <http://www.dlis.dla.mil/hmirs/default.asp>
THIS (Hazardous Technical Information Services) <http://www.dscr.dla.mil/htis/>
HUD (Housing and Urban Development) <http://www.hud.gov/>
NHTSA (National Highway Traffic Safety Admin.) <http://www.nhtsa.dot.gov/>
NIEHS WETP (National Institute of Environmental Health Sciences Worker Training & Education Program) <http://www.niehs.nih.gov/wetp/>
NIH (National Institutes of Health) Library of Medicine <http://www.nlm.nih.gov>
NIOSH (National Institute for Occupational Safety & Health) <http://www.cdc.gov/niosh>
NIOSH FACE (Fatality Assessment & Control Evaluation) Program <http://www.cdc.gov/niosh/face/faceweb.html>
OSHA (Occupational Safety & Health Administration) <http://www.osha.gov>

Other

AOHN (American Assoc. of Occup. Health Nurses) <http://www.aohn.org>
ABIH (American Board of Industrial Hygiene) <http://www.abih.org/>
American Chemical Society <http://www.ACS.org>
ACGIH (American Conference of Industrial Hygienists) <http://www.acgih.org/>
AIHA (American Industrial Hygiene Association) <http://www.aiha.org>
ANSI (American National Standards Institute) <http://www.ansi.org>
ASSE (American Society of Safety Engineers) <http://www.asse.org>
Board of Certified Safety Professionals <http://www.bccsp.org/>
Center to Protect Workers' Rights <http://www.cpwr.com>
Duke University Occupational Medicine <http://www.gilligan.mc.duke.edu/oem>
IEA (International Ergonomics Association) <http://www.iea.cc/>
ILO (International Labor Organization) <http://www.ilo.org/public/english/protection/safework/cis/>
ISO (International Organization for Standardization) <http://www.iso.ch/iso/en/ISOOnline.openerpage>
NFPA (National Fire Protection Association) <http://www.nfpa.org/Home/index.asp>
NSC (National Safety Council) <http://www.nsc.org/>
Safety Information on the Internet <http://www.siri.org>
SAFETYLINK <http://www.safetylink.com>
System Safety Society <http://www.system-safety.org>
WHO *World Health Organization <http://www.who.int/home-page/>

2005 CALENDAR

January

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

February

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28					

March

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

April

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

May

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

June

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

July

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

August

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

September

S	M	T	W	T	F	S
			1	2	3	
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

October

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

November

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

December

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31